



Why assisted outpatient treatment matters to law enforcement

Presented by:

Scott Smith

Consultant, Center for Behavioral Health and Justice

Benefits of AOT

Benefits of AOT

Of the states with AOT laws, New York is one of the most studied. In the studies, individuals receiving AOT:

- Were diagnosed with psychotic disorder (71%).
- Had 3 inpatient psychiatric hospitalizations in the previous 6 months.
- Were not adhering to psychotropic medications (47%).
- Had co-occurring substance use disorder (52%).
- Were arrested (30%) and/or incarcerated (23%).
- Had experienced recent homelessness (19%).



Benefits of AOT

During the first 5 years of AOT in New York there were reductions in the rates of:

- Suicidal behavior: 55%
- Homelessness: 74%
- Inpatient psychiatric hospitalization: 77%
- Alcohol use (6 months into AOT): 49%
- Drug use (6 months into AOT): 48%



Benefits of AOT

During the first 5 years of AOT in New York there were reductions in the rates of:

- Arrests: 83%
- Violence: 47%
- Threatened violence: 43%
- Property destruction: 46%



Cost savings of AOT

AOT has a low program cost but results in huge systems (e.g., law enforcement, courts, hospitals) cost savings when individuals have less contact with them.

AOT programs created significant cost savings in Metropolitan New York City (2005).

	Annual costs Pre-AOT	Annual costs Post-AOT
Inpatient treatment (all insurances)	\$215,418*	\$127,430*
Inpatient treatment (Medicaid)	\$100,124* / \$71,300* (Urban/Suburban)	\$69,783* / \$27,307* (Urban/Suburban)



*Adjusted for inflation

Cost savings of AOT

AOT has a low program cost but results in huge systems (e.g., law enforcement, courts, hospitals) cost savings when individuals have less contact with them.

- Urban AOT program cost per person: **\$5,239***
- Suburban AOT program per person: **\$6,284***
- Urban post-AOT savings per person: **47%**
- Suburban post-AOT savings per person: **58%**



*Adjusted for inflation



Why AOT may be helpful to law enforcement

Why AOT may be helpful to law enforcement

Improved **community safety** is possible through...

...reduced property crime.

...decreased repeat mental health calls.

...safer families.

...less violent behavior.

...cost savings invested in the community.



Why AOT may be helpful to law enforcement

Improved **officer safety** is possible through...

- ...fewer mental health call-outs and repeat call-outs to familiar faces.
- ...call-outs better matched to training.
- ...less need for use of force.
- ...decreased officer injuries.
- ...improved community relations and public perception.





Visit the assisted outpatient treatment toolkit at:
behaviorhealthjustice.wayne.edu/aot

This training is presented as a part of the
Assisted Outpatient Treatment Toolkit
to learn more visit:

<http://behaviorhealthjustice.wayne.edu/aot>