



Assisted Outpatient Treatment and Law Enforcement

January 10th, 2023

10:00am – 11:00am

Assisted Outpatient Treatment (AOT)

- Assisted Outpatient Treatment (AOT) is a legal mechanism for providing outpatient treatment to individuals living with SMI whose non-adherence places them at risk for negative outcomes.
- Many individuals living with serious mental illness (SMI) do not adhere with outpatient treatment for a variety of reasons, increasing their risk for suicide and self-harm, violent behavior, substance misuse, insecure housing, high utilization. These behaviors and vulnerabilities lead to high rates of inpatient psychiatric hospitalization and incarceration.
- AOT orders work by compelling the recipient to receive specific treatment that will prevent their condition from worsening and by committing the mental health system to provide treatment.

Presenters



Deputy Chief Jim Grafton

*Deputy Chief (ret.),
Battle Creek Police Department
Law Enforcement Liaison and CIT Co-
Coordinator, Summit Pointe*



Sgt. Greg Howard

*Sergeant,
Genesee County Sheriff's Office*



Facilitated by:

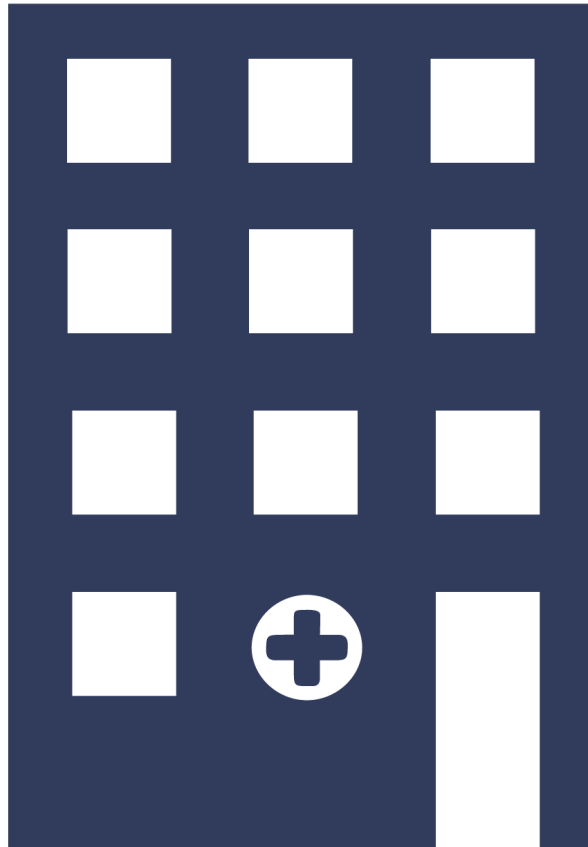
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*Law enforcement consultant,
Center for Behavioral Health and
Justice*



Why AOT matters to law enforcement

Overview of assisted outpatient treatment



Untreated SMI is a significant contributor to increased rates of:

- Suicidal and self-harming behaviors.
- Homelessness and housing insecurity.
- High utilization of ER's and inpatient psychiatric hospitalization.
- Violent behaviors.
- **Contact with law enforcement.**

Overview of assisted outpatient treatment



Goal of AOT – Reduce the negative consequences associated with untreated SMI, especially:

- Inpatient psychiatric hospitalization.
- High emergency room utilization.
- Suicidal behavior.
- Homelessness.
- Co-occurring SUDs.
- Criminal behavior.

Overview of assisted outpatient treatment

AOT is available to **adults** living with an SMI who:

- Do not understand they are ill and need treatment (e.g., anosognosia).
- Are unlikely to voluntarily participate in, or adhere to, treatment to keep them from harm.
- Have a mental illness, not substance use disorder, not dementia (including Alzheimer's).
- Without treatment are likely to deteriorate, resulting in harm to themselves or others.



Benefits of AOT for law enforcement

AOT has been effectively utilized in many states and results in many benefits for law enforcement, including reductions in:

- Arrests 83%
- Violence 47%
- Threatened violence 43%
- Property destruction 46%



Benefits of AOT for law enforcement

AOT has been effectively utilized in many states and results in many benefits for law enforcement, including reductions in:

- Suicidal behavior 55%
- Homelessness 74%
- Inpatient psychiatric hospitalization 77%
- Alcohol use (6 months into AOT) 49%
- Drug use (6 months into AOT) 48%



Benefits of AOT for law enforcement

Collectively, AOT can improve community safety via:

- Reduced property crime via decreased alcohol/drug use, housing instability, impulsive behavior.
- Increased police presence via decreased mental health call-outs, especially repeat call-outs (i.e., the “familiar faces”).
- Safer families – individuals getting treated keep their support systems intact more often and are less likely to engage in violent behavior.
- Systems savings can be spent on community enhancement.

Benefits of AOT for law enforcement



Collectively, AOT can improve **officer** safety via:

- Fewer mental health call-outs, especially repeat call-outs (i.e., the “familiar faces”), the more common calls where officers are attacked.
- Call-outs better matched to training - crisis intervention calls more situational vs. chronic.
- Fewer situations where use of force is necessary.
- Decreased officer injuries overall.
- Better crisis intervention leading to improved community relations & public perception.



AOT program in Calhoun County

Calhoun County AOT



Program overview

- Why needed
- How started

Collaboration

- Partners with CIT training and Dispatch
- Talking with clinicians and non-law enforcement people

Calhoun County AOT



Common concerns for law enforcement

- Not having information on person
- Liability concerns
- Sharing LEIN information for people on AOT



AOT program in Genesee County

Genesee County AOT program



- Role of law enforcement
- Coordination with Co-response team
- Best practices for conducting a transport order
- Challenges when treatment is not followed



Discussion panel and Q&A

This training is presented as a part of the
Michigan Assisted Outpatient Treatment Toolkit
to learn more visit:

<http://behaviorhealthjustice.wayne.edu/aot>



Visit the assisted outpatient treatment toolkit at:
behaviorhealthjustice.wayne.edu/aot

Thank you