

# MDOC Peer Recovery Coach Training Pre-Survey:

## Harm Reduction

Thank you for participating in the PRC training to advance your re-entry goals and give back to the community!

This training is offered using funds from the Michigan Overdose Data to Action grant (MODA), managed by the Michigan Department of Health and Human Services (MDHHS). Technical assistance and evaluation provided by Wayne State University (WSU).

This survey is anonymous, and should only take 10 minutes to complete. Since it is anonymous, ***please create an identifier using the first letter of your facility, last two numbers in your birth year, followed by your first and last initial (FYII)***. Please remember this identifier as you will need it for the post-training survey for matching purposes, so the project can be properly evaluated.

**First, please answer some brief questions related to your demographics, education and prior related experience.**

## Demographics

What is your race/ethnicity?

- Hispanic
- First Nations
- White
- Asian
- African American
- Multi-Racial
- Other\_\_\_\_\_

What is your age?

- 21-35
- 36-45
- 46-55
- 55 and above

What is your gender?

- Male
- Trans Male
- Non-Binary
- Female
- Trans Female
- Prefer Not to Say

How would you describe your home community?

- Urban
- Suburban
- Rural
- Other\_\_\_\_\_

Does your home community have a Syringe Exchange Program?   YES   NO   Don't Know

Do you currently receive Mental Health services? YES NO

Do you currently receive Substance Use Disorder services? YES NO

How long have you been in recovery?

- 1-3 years
- 3-6 years
- 7-10 years
- More than 10 years

Do you feel supported in your recovery? YES NO

What was your age when you first used a controlled substance (this includes alcohol)? \_\_\_\_\_

What is your current length of incarceration? \_\_\_\_\_

Have you been incarcerated more than once? \_\_\_\_\_

If yes, please indicate how many times:

- 2-4
- 5-7
- 7-10
- 11+

What was your longest length of incarceration? \_\_\_\_\_

Were any of your carceral experiences drug-related? YES NO

Do you feel supported in your re-entry? YES NO

## Current Knowledge

How familiar are you with harm reduction concepts/strategies?

- Not at all       Slightly familiar       Moderately familiar       Very familiar       Extremely familiar

How familiar are you with harm reduction programs and policies?

- Not at all       Slightly familiar       Moderately familiar       Very familiar       Extremely familiar

Please define your understanding of Harm Reduction:

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Have you used harm reduction concepts or strategies with yourself?      YES      NO

Have you used harm reduction concepts or strategies with others?      YES      NO

Received word of mouth information about harm reduction practices?      YES      NO

Do you know of a community resource/agency that provides Harm Reduction Services?

YES      NO

Have you accessed a community resource/agency that provides Harm Reduction Services?

YES      NO

Participated in a Training related to Harm Reduction?      YES      NO      Don't Know

Are there any Harm Reduction agencies in your home community?      YES      NO      Don't Know

How comfortable do you feel discussing harm reduction with others?

- Extremely uncomfortable
- Somewhat uncomfortable
- Somewhat comfortable
- Extremely comfortable

How comfortable do you feel using harm reduction concepts with future clients?

- Extremely uncomfortable
- Somewhat uncomfortable
- Somewhat comfortable
- Extremely comfortable

How comfortable do you feel discussing harm reduction with individuals not in substance use treatment?

- Extremely uncomfortable
- Somewhat uncomfortable
- Somewhat comfortable
- Extremely comfortable

## SURVEY

**Please, fill in the bubble to the answer that best describes your PERSONAL feelings related to the question.**

*People with alcohol or drug problems who want to reduce, but not eliminate their alcohol or drug use are in denial.*

- Strongly disagree (1)
- Somewhat disagree (2)
- Neither agree nor disagree (3)
- Somewhat agree (4)
- Strongly agree (5)

*Injecting drug users should be taught how to use bleach to sterilize their injecting equipment.*

- Strongly disagree (1)
- Somewhat disagree (2)
- Neither agree nor disagree (3)
- Somewhat agree (4)
- Strongly agree (5)

*A choice of treatment goals, including abstinence, reduced use of drugs or alcohol, and safer use of drugs or alcohol should be discussed with all people seeking help for drug or alcohol problems.*

- Strongly disagree (1)
- Somewhat disagree (2)
- Neither agree nor disagree (3)
- Somewhat agree (4)
- Strongly agree (5)

*People who live in government-funded housing should be required to be drug free.*

- Strongly disagree (1)
- Somewhat disagree (2)
- Neither agree nor disagree (3)
- Somewhat agree (4)
- Strongly agree (5)

*In order to reduce problems such as crime and health risks, doctors should be permitted to treat drug addiction by prescribing heroin and similar drugs.*

- Strongly disagree (1)
- Somewhat disagree (2)
- Neither agree nor disagree (3)
- Somewhat agree (4)
- Strongly agree (5)

*If their drug use does not interfere with their day-to-day functioning (for example, their ability to work, attend school, or maintain healthy relationships), women who use illegal drugs can be good mothers to infants and young children.*

- Strongly disagree (1)
- Somewhat disagree (2)
- Neither agree nor disagree (3)
- Somewhat agree (4)
- Strongly agree (5)

*Drug users should be given accurate information about how to use drugs more safely (for example, how to avoid overdose or related health hazards).*

- Strongly disagree (1)
- Somewhat disagree (2)
- Neither agree nor disagree (3)
- Somewhat agree (4)
- Strongly agree (5)

*People with drug or alcohol problems who are not willing to accept abstinence as their treatment goal should be offered alternative treatments that aim to reduce the harm associated with their continued drug or alcohol use.*

- Strongly disagree (1)
- Somewhat disagree (2)
- Neither agree nor disagree (3)
- Somewhat agree (4)
- Strongly agree (5)

*In most cases, nothing can be done to motivate clients who refuse to admit that they have drug or alcohol problems except to wait for them to “hit bottom.”*

- Strongly disagree (1)
- Somewhat disagree (2)
- Neither agree nor disagree (3)
- Somewhat agree (4)
- Strongly agree (5)



*To reduce crime and other social problems associated with illegal drug use, substitute drugs such as methadone should be prescribed.*

- Strongly disagree (1)
- Somewhat disagree (2)
- Neither agree nor disagree (3)
- Somewhat agree (4)
- Strongly agree (5)

*Prisons should provide sterilizing tablets or bleach in order for inmates to clean their drug injecting equipment.*

- Strongly disagree (1)
- Somewhat disagree (2)
- Neither agree nor disagree (3)
- Somewhat agree (4)
- Strongly agree (5)

*As long as clients are making progress toward their treatment goals (for example, holding a job or reducing their involvement in crime), methadone maintenance programs and buprenorphine programs should not kick clients out of treatment for using street drugs.*

- Strongly disagree (1)
- Somewhat disagree (2)
- Neither agree nor disagree (3)
- Somewhat agree (4)
- Strongly agree (5)

*Measures designed to reduce the harm associated with drug or alcohol use are acceptable only if they eventually lead clients to pursue abstinence. People with drug and alcohol problems may be more likely to seek professional help if they are offered treatment options that don't focus on abstinence.*

- Strongly disagree (1)
- Somewhat disagree (2)
- Neither agree nor disagree (3)
- Somewhat agree (4)
- Strongly agree (5)

*Substitute drugs such as methadone and buprenorphine should be an available treatment option for people addicted to drugs like heroin.*

- Strongly disagree (1)
- Somewhat disagree (2)
- Neither agree nor disagree (3)
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- Strongly agree (5)

*People whose drug use does not interfere with their day-to-day functioning should be trained to teach other drug users how to use drugs more safely (for example, how to inject more safely).*

- Strongly disagree (1)
- Somewhat disagree (2)
- Neither agree nor disagree (3)
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- Strongly agree (5)

*Making clean injecting equipment available to injecting drug users is likely to reduce the rate of HIV infection.*

- Strongly disagree (1)
- Somewhat disagree (2)
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*Abstinence should be the only acceptable treatment option for people who are physically dependent on alcohol.*

- Strongly disagree (1)
- Somewhat disagree (2)
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*It is possible to use drugs without necessarily misusing or abusing drugs.*

- Strongly disagree (1)
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*Pamphlets that educate drug users about safer drug use should be detailed and explicit, even if those pamphlets are offensive to some people.*

- Strongly disagree (1)
- Somewhat disagree (2)
- Neither agree nor disagree (3)
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*Substitute drugs such as methadone and buprenorphine should only be prescribed for a limited period of time.*

- Strongly disagree (1)
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- Neither agree nor disagree (3)
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*To reduce the spread of HIV, Hepatitis, and other blood-borne diseases, drug injectors should be given easy access to clean injecting equipment.*

- Strongly disagree (1)
- Somewhat disagree (2)
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*Women who use illegal drugs during pregnancy should lose custody of their babies.*

- Strongly disagree (1)
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*People with alcohol or drug problems should be praised for making changes such as cutting down on their alcohol/drug consumption or switching from injectable drugs to oral drugs.*

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*To what extent do you feel overdose is preventable?*

- All overdoses are preventable
- Most overdoses are preventable
- Some overdoses are preventable
- Most overdoses are not preventable

Finally, what do you hope to gain from participating in this training? Please explain below.

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***Thank you for your participation!***

# MDOC Peer Recovery Coach Training Post-Survey:

## Harm Reduction

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Is there anything that was not covered in the training that you wish had been? Please explain below.

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Do you have any general suggestions for improving this training? Please explain below.

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Finally, what are your main takeaways from this harm reduction training? Please enter at least one takeaway.

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**THANK YOU FOR YOUR TIME AND EFFORT COMPLETING THIS SURVEY.**

