



Center for Behavioral Health and Justice

TECHNICAL ASSISTANCE

Six Questions County Leaders Need to Ask



Funded by MDHHS

PHASE ONE



ASSESS



OBSERVE

Question 1: Is Your Leadership Committed?

- How did Stepping Up evolve in the community?
- Is there an active diversion council or other multidisciplinary committee?
- What agencies are involved in the Stepping Up initiative? Who should be?
- What are the goals & objectives for Stepping Up?
- Conduct Introductory Meeting with key stakeholders

Question 2: Do You Have Timely Screening & Assessment?

Question 3: Do You Have Baseline Data?

Site Visit & Jail Tour (3-5 hours)

- Observe diversion council meeting (when applicable)
- Map jail process from booking to release
- Review current screening & assessment tools
- Review existing data/data validation
- Assess pre-/post-booking diversion activities
- Collaboratively develop technical assistance plan

PHASE TWO



ASSIST



PLAN

Question 4: Have You Conducted a Comprehensive Process Analysis?

Data Collection and Presentation (5-10 months)

- Establish temporary data collection protocols within the jail
- Conduct regular data collection calls with key stakeholders
- Develop prevalence and jail-based service data
- Assess current system efficacy

Question 5: Have You Prioritized Policy, Practice, & Funding?

Question 6: Do You Track Progress?

Action Planning, Integrated Report, Law Enforcement Consultation (3-6 months)

- Presentation of findings & next steps to stakeholders
- Create context: compare data with other like counties and state
- Identify short- and long-term goals
- Identify strategies for sustainability

CUSTOMIZED DELIVERABLES:



Technical Assistance Plan



Prevalence & Baseline Data



Comprehensive Analysis



Short- & LongTerm Goals



Integrated Report



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Consultation Services and Recommendations



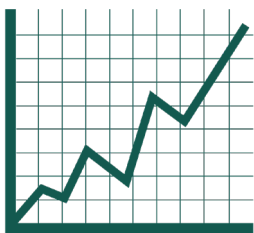
Action Planning

- Guidance on development or bolstering of advisory board and sub-structure.
- Development of mission and vision for Stepping Up initiative
- Strategic planning to identify short- and long-term goals.
- Observation, coaching, and feedback on advisory board.



Law Enforcement Consultation

- Exploration of opportunities for pre- and post-booking diversion of individuals with mental illness and/or substance misuse that will increase the safety of the community and officers.
- Build community partnerships to identify individuals at risk for increased contact with police and connect them to treatment.
- Recommendations for establishing workable relationships with local emergency departments to avoid unnecessary utilization of law enforcement and undue burden to the healthcare system.
- Guidance on petitioning including employing assisted outpatient treatment (AOT), strategies for interacting with individuals experiencing a mental health emergency, and development of partnerships to foster diversion.



Tracking Future Progress

- Build a sustainable system for community to track progress across four measures: behavioral health prevalence in the jail, length of stay, connection to treatment, and recidivism.
- Collaboration with behavioral health and jail IT to identify most effective methods for integrating county data, taking into consideration unique community goals, resources, and concerns.
- Development of fully customized toolkit including integration process guide, data source index, codebook, breakdown of SMI/SUD screening instruments, and instructions for analyses and reporting.

FOUR KEY
RECOMMENDATIONS



Validated
Screening



Law
Enforcement
Training



Use of
Boundary
Spanners



Enhancing
Diversion and
Deflection